



International Figure Skating Competition

## **JUNA CUP 2009**

**Event time :**

February 22.2009

**Organized by:**

Skating club Juna (Tallinn)

**Venue of competition:**

*Premia Ice Rink*

**Aadress:**

Haabersti 3, Tallinn, Estonia

**Entries:**

Competition will be held in single skating, ice dance and synchronized skating in following age categories:

Single skating:

Pre-Young (10–12 years)

Young (13–15 years)

Single Adult skating:

Young adults (16–25 years)

Class I (26–35 years)

Class II (36–45 years)

Class III (46– 55 years)

Class IV (56–... years)

Ice dance:

*Pre-Novice A*

Girl (5–8 years old)

Boy (6–10 years old)

*Pre-Novice B*

Girl (7–10 years old)

Boy (8–12 years old)

*Novice*

Girl (9–12 years old)

Boy (11–14 years old)

Synchronized skating:

Juveniles

- The Organizers have the right to combine categories if the number of participants requires
- The judging shall be done in new system (according to ISU regulations)
- Vocal music is not permitted

**Registration of entries:**

Entries must be postmarked no later than **23.01.2009**. Application forms must be submitted in a written form (see Annex 1 for Single Skating, Single Adult Skating and Ice Dance and Annex 2 for Synchronized Skating). Please note your contact information (e-mail, phone) on the entry form. The written *proof of age* (copy of passport or ID) must be sent with application form. Application forms can be sent by e-mail on the following address: [junacup@juna.ee](mailto:junacup@juna.ee)

**Planned Program Content sheet:**

Planned Program Content sheet must be sent no later than **13.02.2009** (see Annex 3). Its not permitted to hand over the Program Content Sheets directly to the competitions Officials during the competition. Changed Program Content Sheet

must be turned in upon registration. Planned Program Content sheet can be sent by e-mail on the following address: [jelena@juna.ee](mailto:jelena@juna.ee)

**Entry fee:**

With the entry to the competition, the entry fee must be paid as follows:

*First single event — 55€ per person.*

*Ice dance:*

*Pre-Novice — 65€ per pair,*

*Novice — 75€ per pair,*

*Synchronized skating — 120€ per team.*

The entry fee will not be refunded in case of withdrawals. Payment must be made by money order *right after you received a confirmation about registration* from Organizer. We kindly ask the clubs to make one payment for all its participants.

Payment must be made to:

Iluuisutamisklubi Juna  
Registry code: 80268389  
Address: Retke 30-122,  
13419 Tallinn  
info@juna.ee  
Phone: +372 55 684 274

Bank account:  
Swedbank  
Address: 8 Liivalaia St., Tallinn 10118,  
Estonia  
Account number: 221041046080  
IBAN: EE65 2200 2210 4104 6080  
SWIFT/BIC: HABAE2X

**Judging System:**

For Single Skating, Single Adult Skating and Ice Dance the ISU Judging System will be used. For Synchronized Skating the 6.0 judging system will be used.

**The level of competitors and composition of free skating events are following:**

**Single Skating:**

Pre-Young:

Maximum time: 2:00.

Maximum five (5) jump elements. Only single jumps are permitted, no Axel type jump. At least two (2) solo jumps. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. At least one (1) and maximum two (2) spins of different nature, each of them must be minimum of three (3) revolutions. Step Sequence or/and Spiral Sequence (at least two (2) spiral positions, each must be 2 seconds long and execute on a curve).

### Young:

Maximum time: 2:30.

Maximum five (5) jump elements. At least two (2) solo jumps. The single Axel or any other single Axel type jump and all other single and double jumps are permitted. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. At least two (2) and maximum three (3) spins of different nature, each of them must be minimum of three (3) revolutions. Step Sequence or/and Spiral Sequence (at least two (2) spiral positions, each must be 2 seconds long and execute on a curve).

### **Single Adult Skating:**

The panels points for each Program Component are multiplied by a factor of 1.6.

#### Bronze Free Skating

Maximum time: 1:40.

A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that must contain:

- a) A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. A jump combination may consist of the same or another single jump.

There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

- b) A maximum of two (2) spins of a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot. Flying spins are not permitted.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

- c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.). In case of a circular step sequence a full circle is required covering  $\frac{1}{2}$  the ice surface.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

### Silver Free Skating

Maximum time: 2:10.

A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain:

- a) A maximum of five (5) jump elements. The single Axel or any other single Axel type jump and all other single jumps are permitted.

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

- b) A maximum of three (3) spins of different abbreviations, one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

- c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g., half a serpentine, half of a straight line etc.) In case of a circular step sequence a full circle is required covering  $\frac{1}{2}$  the ice surface.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

### Gold Free Skating

Maximum time: 2:40.

A competitor in the Adult Gold Free Skating event must perform a well-balanced program that may contain:

- a) A maximum of six (6) jump elements, consisting only of single jumps but can include a single Axel and double jumps, excluding double Flip, double Lutz and double Axel, A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three

jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

- b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence according to the requirements. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

### **Ice Dance:**

#### **Ice Dance Pre-Novice B.**

There is no Compulsory dance for Pre-Novice B.

Duration of Pre-Novice Free Dance: 2 minutes and 30 seconds (+/- 10 seconds).

Vocal music is not permitted.

*Required elements for free dance:*

- a) One type of Short Lift (but no more) — up to 6 seconds (must be held for at least 2 seconds ) chosen from:
  - 1. Stationary Lift
  - 2. Straight Line Lift
  - 3. Curve Lift
  - 4. Rotational Lift
- b) One type of Dance Spin (Combination Spin and Combined Spins and Lifts are not permitted.) — but no more. Spinning movement can be started on one or two feet by both partners at least 1 full continuous rotation.
- c) One Step Sequence in hold chosen from:
  - 1. Midline in Hold: skated along the full length of the center (long) axis of the ice surface.
  - 2. Diagonal in Hold: skated as fully corner to corner as possible.

- d) ONE Set of Sequential Twizzles — one twizzle on one foot for both partners skated simultaneously with up to one step in between Twizzles. No stop(s) are allowed before and/or between Twizzles.

#### Ice Dance Pre-Novice A.

Compulsory dance for Pre-Novice A — American Waltz.

Duration of Novice Free Dance: 2 minutes and 30 seconds (+/- 10 seconds). Vocal music is not permitted.

*Required elements for free dance:*

- b) One type of Short Lift (but no more) — up to 6 seconds (must be held for at least 3 seconds ) chosen from:
1. Stationary Lift
  2. Straight Line Lift
  3. Curve Lift
  4. Rotational Lift
- c) One type of Dance Spin (Combination Spin and Combined Spins and Lifts are not permitted.) — but no more. Spinning movement can be started on one or two feet by both partners at least 2 full continuous rotations
- d) One Step Sequence in hold chosen from:
1. Midline in Hold: skated along the full length of the center (long) axis of the ice surface.
  2. Diagonal in Hold: skated as fully corner to corner as possible.
- e) ONE Set of Sequential Twizzles — one twizzle on one foot for both partners skated simultaneously with up to one step in between Twizzles. No stop(s) are allowed before and/or between Twizzles.

#### Ice dance Novice.

Compulsory dance for novice – American Waltz.

Duration of Novice Free Dance: 3 minutes (+/-10 seconds). Vocal music is not permitted.

*Required elements for free dance:*

- a) Two different types of Short Lifts — up to 6 seconds each (but no more) chosen from:
1. Stationary Lift
  2. Straight Line Lift
  3. Curve Lift
  4. Rotational Lift
- b) One type of Dance Spin (Combination Spin and Combined Spins and Lifts are not permitted.) — but no more. Spinning movement can be started on one or two feet by both partners at least 3 full continuous rotations.
- c) One Step Sequence in hold — circular (anticlockwise): utilizing the full width of the ice surface on the short axis of the rink
- d) ONE Set of Sequential Twizzles — two twizzles on one foot for both partners skated simultaneously with up to one step in between Twizzles. No stop(s) are allowed before and/or between Twizzles.

## **Synchronized Skating:**

### **Juveniles**

Free Skating maximum: 3:00 min. Vocal music using lyrics is permitted. A team shall consist of 10 to 20 skaters and may include both ladies and men. The teams must skate a balanced Free Skating Program which may contain the following 5 elements :

- one (1) block;
- one (1) circle;
- one (1) line;
- one (1) wheel;
- one (1) intersections;

### **Music**

Music (equipped with the full name of the competitor, club and category) on CD must be submitted to the announcer's desk before the relevant event and picked up from the same place after the event.

### **Preliminary competition schedule**

#### **22.february 2009**

Mandate	09:30
Opening draw	10:30
Competition	12:00–16:00
Awarding	16:30
Banquet	17:00

A detailed time schedule will be delivered before the competition to the e-mail address indicated on your earlier submitted application form.

*Final timetable shall be announced at the opening draw.*

### **Banquet**

The dinner party will be held after the competition day. The place will be announced during mandate. The fee for one person is 30€. Please fulfill the application form about your interest in joining the dinner.

### **Expenses**

The organizer does not pay any expenses of the teams. Travel expenses, and accomodation will be borne by the participants. Expenses related to the competition's technical management will bw covered on account of the entry fees and sponsorship by the Organizer.

### **Protocol**

Protocol shall be available at the Skating Club Juna website: [www.juna.ee](http://www.juna.ee)

The Organizers shall not provide print-outs or CD-s.



## **Accommodation**

The Organizers recommend accommodation in the following hotels:

### **HOTEL ROCCA AL MARE**

[http://www.roccahotels.ee/hotel\\_eng/](http://www.roccahotels.ee/hotel_eng/)

The nearest hotel to the Premia Ice Rink (15 min. walking distance).

### **GO HOTEL SHNELLI**

<http://www.gohotels.ee/>

Trolley bus No. 7 provides transportation from the Premia Ice Rink (station “Haabersti”) to the hotel station “Balti jaam” (approx. 25 min. if not a rush hour).

### **UNIQUESTAY MIHKLI HOTEL**

<http://www.uniquestay.com/>

Trolley bus No. 6 provides transportation from the Premia Ice Rink (station “Haabersti”) to the hotel station “Koidu” (approx. 20 min. if not a rush hour).

***NB!** There is no shuttle-bus service at this competition.*

## **Liability**

In accordance with ISU Rule 119, the Organizer accepts no liability for injury or for property loss or damage incurred by Competitors or Officials. Each club is expected to provide its own insurance protection.

## **ADDITIONAL INFORMATION AND CONTACT PERSONS**

Jelena Abolina	+372 55 684 274	<a href="mailto:jelena@juna.ee">jelena@juna.ee</a>
Julia Abolina	+372 55 692 103	<a href="mailto:julia@juna.ee">julia@juna.ee</a>
Roman Gotovtsikov	+372 53 737 216	<a href="mailto:roman@juna.ee">roman@juna.ee</a>

**International Figure Skating Competition  
JUNA CUP 2009, Estonia, Tallinn, February 22.**

**ENTRY FORM FOR SINGLE SKATING, SINGLE ADULT SKATING, ICE  
DANCE**  
(close of Entry 23.01.2009)

**Personal Details**

(Partners must complete separate entry forms)

Name: .....

Gender:  female  male

Address: .....  
(street, city, zip code, country)

Phone: .....

E-mail: .....

Birthday: .....  
(day/month/year)

Home club: .....

Coach: .....

**Competition**

I will compete in:

Single skating:

Pre-Young (10–12 years)

Young (13–15 years)

Single Adult skating:

Bronze Free Skating

Silver Free Skating

Gold Free Skating

Young adults (16–25 years)

Class I (26–35 years)

Class II (36–45 years)

Class III (46–55 years)

Class IV (56–... years)

Ice dance:

Pre-Novice A

Pre-Novice B

Novice

With my partner: .....

Team leader: .....

Phone: .....

E-mail: .....

I will join the banquet. Fee for one person is 30€.

**International Figure Skating Competition  
JUNA CUP 2009, Estonia, Tallinn, February 22.**

**ENTRY FORM FOR SYNCHRONIZED SKATING**  
(close of Entry 23.01.2009)

**Personal Team Details**

Team Name: .....

Address: .....  
(street, city, zip code, country)

Phone: .....

E-mail: .....

Home club: .....

Coach: .....

**Team Members**

	<b>Skater's Name</b> (Surname/First Name)	<b>Date of Birth</b> (day/month/year)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		

Team leader: .....

Phone: .....

E-mail: .....

 We will join the banquet. Fee for one person is 30€.

**International Figure Skating Competition  
JUNA CUP 2009, Estonia, Tallinn, February 22.**

**PLANNED PROGRAM CONTENT**

(This form must be returned before February 13, 2009)

For pairs (synchronized team) it is sufficient if one partner (team leader) fills in the following form :

<b>Club</b>	
<b>Country</b>	
<b>Name of competitor(s)</b>	

**Elements in Order of Skating**

	<b>Elements SP / OD</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

	<b>Elements FS / FD</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	